



THREE GRACES

WELLNESS

FACIALS

TEMPLESPA **ALL ABOUT THE GLOW**

30/60 minutes £65.00/£100.00

Skin transforming facial with instant visible results leaving skin feeling firmer, glowing and healthier.

TEMPLESPA **MY KINDA SKIN**

30/60 minutes £60.00/£90.00

Prescription facial bespoke to your skin. Inclusive of hand and arm or scalp massage.

TEMPLESPA **CHAMPAGNE & TRUFFLES**

60 minutes £95.00

For firmer plumper and radiant results. A luxury facial treatment.

HANDS & FEET

LUXURY MANICURE

60 Minutes £46.00

Cuticle work, exfoliation, massage and polish.

LUXURY PEDICURE

60 Minutes £46.00

Cuticle work, exfoliation, massage and polish.

BODY TREATMENTS

TEMPLESPA **DRIFT AWAY**

30/60 minutes £60.00/£85.00

A deeply relaxing massage with aromatherapy oil.

TEMPLESPA **WORK IT OUT**

30/60 minutes £60.00/£85.00

A detoxifying deep tissue massage.

ROCK OF THE MEDITERRANEAN

75 Minutes £110.00

A full body hot stone massage.

TEMPLESPA **TARGETED BODY EXFOLIATION**

30 minutes £55.00

TEMPLESPA **AAHHH**

30 minutes £50.00

Instant relief for tired feet with skin brushing, exfoliation foot and lower leg massage.

TEMPLESPA **BACK TO LIFE**

45 Minutes £65.00

Back treatment with exfoliation, mask and back massage.

TEMPLESPA **THE OUTER GLOW**

45 Minutes £70.00

Full body and face exfoliation, skin brushing.

SIDE ORDERS

Add extra 15 minutes of pampering to your treatment:

REPLENISHING eye ritual £25.00

PURIFY & BALANCE foot ritual £25.00

RELAX & RESTORE hot oil scalp massage £25.00

HYDRATE & SOOTHE hand ritual £25.00



TEMPLESPA

Bernwood Park Hotel, Arncott Road, Boarstall, Aylesbury HP18 9XX